

Week 4 11/9/16 27/11/17 12/2/18 30/4/18 2/7/18	Day	Soup	Meat Choice	Vegetarian	Potatoes / Veg	Pudding
	Mon	Tomato	Chicken Fajitas	Vegetable Fajitas	Salad	Fresh Fruit
	Tue	Lentil	Mince	Bean Casserole	Tatties, Carrots, Swede	Custard Cream or Yoghurt
	Wed	Vegetable	Breaded Haddock	Potato + Baked Bean Pie	Tatties, Peas	Ice Cream or Yoghurt
	Thur	Split Pea	Roast Chicken + Stuffing	Mushroom Roast	Tatties, Broccoli, Carrots	Banana Custard or Yoghurt
	Fri	Chicken Soup	Homemade Beefburger	Homemade Veggie Burger	Savoury Rice, Salad	Fresh Fruit
Week 5	Day	Soup	Meat Choice	Vegetarian	Potatoes / Veg	Pudding
18/9/17	Mon	Chicken Soup	Sausages	Vegetarian Sausages	Tatties, Swede, Salad	Apple + Cinnamon Cookies or Yoghurt
4/12/17	Tue	Lentil	Breaded Haddock or Smoked Mackerel	Veggie Grill	Tatties, Peas, Corn	Fresh Fruit
20/2/18 (Tue) 8/5/18 (Tue)	Wed	Vegetable	Chicken Stir Fry or Plain Chicken	Vegetable Stir Fry	Rice, Salad	Fruit Scone or Yoghurt
	Thur	Split Pea	Beef Lasagne	Vegetable Lasagne	Salad	Fruit Salad or Yoghurt
	Fri	Tomato	Chicken Risotto	Cheese Risotto	Salads	Fresh Fruit
Week 6	Day	Soup	Meat Choice	Vegetarian	Potatoes / Veg	Pudding
25/9/17	Mon	Chicken Soup	Meatballs in Tomato Sauce or Salmon + White Sauce	Quorn Meatballs in Tomato Sauce	Tagliatelle, Peas, Corn, Salad	Fresh Fruit
11/12/17	Tue	Lentil	Chicken Wraps	Macaroni Cheese	Salad	Shortbread or Yoghurt
26/2/18	Wed	Vegetable	Mince Patty	Veggie Grill	Tatties, Mixed Veg, Salad	Fresh Fruit
14/5/18	Thur	Split Pea	Chicken Pie	Vegetable Pie	Tatties, Broccoli, Carrots	Pancakes or Yoghurt
	Fri	Tomato Soup	Breaded Fish	Breaded Quorn	Tatties, Peas, Salad	Jelly or Yoghurt