

Week 7	Day	Soup	Meat Choice	Vegetarian	Potatoes / Veg	Pudding
2/10/17 18/12/17 5/3/18 21/5/17	Mon	Chicken Soup	Pasta Mince	Broccoli Pasta Bake	Salad	Fruit Crunch or Yoghurt
	Tue	Lentil	Chicken Fricassee	Vegetable Fricassee	Rice, Salad	Fresh Fruit
	Wed	Vegetable	Fish Pie	Cheesy Pasta Bake	Salad	Muffin or Yoghurt
	Thur	Tomato	Roast Beef + Yorkshire Pudding	Rice + Vegetable Loaf	Tatties, Carrots, Broccoli	Jelly Whip or Yoghurt
	Fri	Split Pea	Homemade Chicken Burger	Homemade Vegetable Burger	Chips, Tatties, Salad	Fresh Fruit
Week 8	Day	Soup	Meat Choice	Vegetarian	Potatoes / Veg	Pudding
9/10/17 8/1/18 12/3/18 28/5/18	Mon	Chicken Soup	Homemade Sausage Roll	Vegetarian Sausage Roll	Tatties, Mixed Veg, salad	Fruit + Custard or Yoghurt
	Tue	Lentil	Fish in Parsley Sauce	Quorn Mince	Tatties, Carrots, Green Beans	Ginger Bread or Yoghurt
	Wed	Vegetable	Chicken Enchiladas	Chick Pea Enchiladas	Peas, Salad	Fresh Fruit
	Thur	Tomato Soup	Mince	Pasta Bake (Tomato Sauce + Cheese)	Tatties, Peas, Corn	Scone or Yoghurt
	Fri	Split Pea	Roast Chicken + Stuffing	Vegetable Roast	Roast Tatties, Broccoli, Corn	Fresh Fruit
Week 9	Day	Soup	Meat Choice	Vegetarian	Potatoes / Veg	Pudding
30/10/17 15/1/18 19/3/18 4/6/18	Mon	Chicken Soup	Meatloaf	Quorn Chill	Tattie, Mixed Veg, Salad	Fresh Fruit
	Tue	Lentil	Chicken Curry or Plain Chicken	Vegetable Curry	Rice, Salad	Fruit Fool or Yoghurt
	Wed	Vegetable	Fish in Batter	Quorn in Batter	Chips, Tatties, Peas, Cauliflower	Banana Oat Muffin or Yoghurt
	Thur	Tomato Soup	Chicken Pasta	Vegetable Pasta	Salad	Fruit + Custard or Yoghurt
	Fri	Split Pea	Steak Pie	Vegetable Pie	Tatties, Carrots, Broccoli	Fruit

Week 4 11/9/16 27/11/17 12/2/18 30/4/18 2/7/18	Day	Soup	Meat Choice	Vegetarian	Potatoes / Veg	Pudding
	Mon	Tomato	Chicken Fajitas	Vegetable Fajitas	Salad	Fresh Fruit
	Tue	Lentil	Mince	Bean Casserole	Tatties, Carrots, Swede	Custard Cream or Yoghurt
	Wed	Vegetable	Breaded Haddock	Potato + Baked Bean Pie	Chips, Tatties, Peas	Ice Cream or Yoghurt
Week 5 18/9/17 4/12/17 20/2/18 (Tue) 8/5/18 (Tue)	Thur	Split Pea	Roast Chicken + Stuffing	Mushroom Roast	Tatties, Broccoli, Carrots	Banana Custard or Yoghurt
	Fri	Chicken Soup	Homemade Beefburger	Homemade Veggie Burger	Savoury Rice, Salad	Fresh Fruit
	Day	Soup	Meat Choice	Vegetarian	Potatoes / Veg	Pudding
	Mon	Chicken Soup	Sausages	Vegetarian Sausages	Chips, Tatties, Swede, Salad	Apple + Cinnamon Cookies or Yoghurt
	Tue	Lentil	Breaded Haddock or Smoked Mackerel	Veggie Grill	Tatties, Peas, Corn	Fresh Fruit
Week 6 25/9/17 11/12/17 26/2/18 14/5/18	Wed	Vegetable	Chicken Stir Fry or Plain Chicken	Vegetable Stir Fry	Rice, Salad	Fruit Scone or Yoghurt
	Thur	Split Pea	Beef Lasagne	Vegetable Lasagne	Salad	Fruit Salad or Yoghurt
	Fri	Tomato	Chicken Risotto	Cheese Risotto	Salads	Fresh Fruit
	Day	Soup	Meat Choice	Vegetarian	Potatoes / Veg	Pudding
	Mon	Chicken Soup	Meatballs in Tomato Sauce or Salmon + White Sauce	Quorn Meatballs in Tomato Sauce	Tagliatelle, Peas, Corn, Salad	Fresh Fruit
	Tue	Lentil	Chicken Wraps	Macaroni Cheese	Salad	Shortbread or Yoghurt
	Wed	Vegetable	Mince Patty	Veggie Grill	Tatties, Mixed Veg, Salad	Fresh Fruit
	Thur	Split Pea	Chicken Pie	Vegetable Pie	Tatties, Broccoli, Carrots	Pancakes or Yoghurt
	Fri	Tomato Soup	Fish in Batter	Quorn in Batter	Chips, Tatties, Peas, Salad	Jelly or Yoghurt